



**MOBILITY**  
OF YOUTH WORKERS

**TC NATURE IN EDUCATION**  
EDUCATION IN NATURE



Co-funded by the  
Erasmus+ Programme  
of the European Union

**Huta Polańska, Poland**

**06.05 – 15.05.2024**

Countries involved

**Lithuania, Spain, Bulgaria, Romania, Italy, Latvia, Ukraine and Poland.**

## AIMS OF THE PROJECT

- acquiring practical skills in working with the methods presented during the course;
- acquiring the ability to create exemplary programs of activities for a group of young people involved in ecological activities;
- acquiring the ability to select group and individual work methods based on the diagnosis of young people's needs;
- expanding participants' knowledge about natural methods of maintaining hygiene and mental balance (animal therapy, art therapy, forest therapy);
- expanding skills of preparing workshops in the field of ecological and nature-forest education, soft tourism, and supported education by animals, sustainable practices.
- expanding knowledge about methods and practices and exchange of experiences of working with young people at risk of social exclusion;
- development of psychological and pedagogical competences necessary in working with young people;
- improvement of methods development of ecological skills and ecological awareness among young people;
- discussion of the idea of joint projects based on inclusion, diversity, education through nature, ecological issues, sustainable practices and natural methods of therapy;
- exchange of experiences in the use of the potential of the local community in working with young people.





## PARTICIPANTS

The project will gather 32 participant from 8 countries, 4 participants per country.

Youth/ social workers, youth leaders, trainers, teachers, educators who:

- want to deepen their knowledge on how to support young people with fewer opportunities participating in projects;
- want to deepen their knowledge in the field of sustainable development;
- are involved in ecological education, nature therapy, animal assisted education;
- want to organize a course(s), activities using the methods proposed in the project;
- are motivated to pass on the acquired knowledge to young people in their organizations and countries;
- have a good level of English;
- are aged 18+.
- have different level of experience: Previous experience with Erasmus+ projects is not required.



## PREPARATION

**Sharing experiences.** Please prepare and present methods, tools, workshop or its elements that you would like to share with other educators. The form can be any. If you do not have experience yet, share your ideas with other participants and talk about your educational needs. This task can be done in groups as well as individually.

**The presentation of your organization.** Please bring clear information about the main activities of your organization so that you can present it during the course.

**Intercultural evenings.** Each country group will have to organize a cultural evening, where you will have to present some elements of your culture, in any way you want.

You can show your country, culture and traditions to others in any way you find appropriate (music, dances, quiz, short role-play, etc.)

**Don't forget to bring your flag as well.**

**The international coffee.** This event is a special moment of the exchange, we will discover each country by some gastronomic specialties (food and/or drinks). You are free to do whatever you want. You can cook a traditional meal such as a starter, a main meal, or a dessert, or you can bring some traditional delights.



If you decide to cook, please prevent as before, so we can manage to provide you the tools you will need. The meal that you will prepare has to be a simple one, because you will have around 2 hours to cook it. If you want to bring the ingredients you will need, it's possible, we will have fridge provided. If it's not possible, thanks for informing us in advance so we can manage to have time to go shopping.

**Insurance.** Remember, travel insurance is your responsibility, so make sure you have it. Please note that each participant is required to have travel insurance.

The temperature in May is usually 15-20 above zero. Take with you sports shoes and sportswear for outdoor activities, a change of shoes for walking in the resort, shower flip-flops, a towel, personal hygiene items and medicines. Also bring some warm clothes since evenings can be cold.

**Accommodation and Activity place.** A mountain tourist center of hostel standard with 2, 3 and 4-person rooms, in the village of Huta Polańska (it's the only permanently inhabited building in this village).

The center includes places for conducting workshops: a conference room with sound system and multimedia equipment, rooms for workshops and informal meetings.

The schedule will be proposed and posted in the activity room.

**There is limited internet access in the center.** The connection is sufficient to call, write e-mails, use social media, and carry out tasks within the project. There may be no internet to watch online movies or play games.

**Address Agrotourism center "Hajstra":** Huta Polańska 1, 38-232 Krempna  
<https://www.facebook.com/hajstra/>

**Food and Needs.** The participants will be provided with three meals and coffee breaks. For any food special needs, allergies or diet, thank you to mention it in advance on the application form that you receive.



## THE SURROUNDINGS

**Region.** The center is located in the Beskid Niski Mountains. It is the wildest place in Poland, near the border with Slovakia. It is a very ecological and attractive place where tourists from all over Europe come. It is an ideal place for recreation after workshops, jogging, Nordic-walking or ordinary walks.

In the center of the Beskids there is Magura National Park with lots of trails and tourist attractions <http://magurskipn.pl/en/index.php>



## TRAVEL PLAN

The travel amounts are based on distance calculator of the Erasmus+ program and cannot be exceeded.

Before buying the tickets, please send us your travel plan for confirmation from our side at email: [inicjatywa.foundation@gmail.com](mailto:inicjatywa.foundation@gmail.com)

Ensure that you retain all receipts from all transportation, otherwise you will not be reimbursed.

### **Travel budget. Package per person:**

Poland - **23,00 €**

Lithuania, Spain, Italy, Latvia, Bulgaria, Romania, Ukraine - **275 €**.

This project supports any means of ecological travel.

Participants are eligible for the green travel option with a maximum budget of 320€. We encourage to use sustainable transportation like international trains, shared cars (the entire national team together), or buses to reach the venue and travel back home.



## TRAVEL RULES

Make sure that you keep the invoices, boarding passes and other documents mandatory for the reimbursement!

Reimbursement can only be made on the basis of **original tickets (either digital or paper)**, so keep your original invoices for plane tickets, boarding passes, train and bus tickets. **It is mandatory to provide us with your return tickets as well.**

You should also provide payment confirmation: a bank extract or a printed statement released by your bank showing the payment/ transaction.

In the case of traveling by plane, keep your boarding passes (or document that proves payment, in case there is no boarding pass).

**Private cars, taxi, public transport tickets (trolleybus, metro, city bus), screenshots and first class tickets will not be reimbursed.**

The destination of the trip is the city of Jasło. You can buy a ticket from Krakow or Warsaw to Jasło online. We will advise you how to do it better.

We will organize your transport on the Jasło – Huta Polańska - Jasło route. Therefore, for this purpose, we will need information about the time and place of your arrival in Poland and departure back.





**Working language.** The working languages of the project will be Polish and English. A translator and interpreter will be available during the entire duration of the project.

**Participation in the workshops.** All the participants are expected to participate fully in all activities, unless you are ill. Unauthorized absence from activities and workshops is not permitted.

The workshops are done and run, so that all the participants will be able to share their point of view. We expect you to be very participative and involved in workshops and with the subject.

The workshops are done by groups, depending on theme of the workshop, the groups can be mixed or not.

We film and photograph all the activities and workshops. These images are for the own use of Initiative Foundation. If you have any problem with it, don't hesitate to tell us, and we will manage to not film or photograph you.

**Youthpass certificate.** Each participant will receive a Youthpass certificate.

Youthpass is part of the European Commission's strategy to support the recognition of non-formal learning. When creating a Youthpass Certificate, project participants have the opportunity to describe what they did in the project and what competences they acquired.

In this way, Youthpass supports reflection on the personal process and outcomes of non-formal learning.

The Youthpass certificate can be useful for further study, work abroad and other opportunities.

More information at [www.youthpass.eu](http://www.youthpass.eu)



## OTHER INFORMATIONS

Early arrivals (1 or 2 days before the beginning of the project), or late departures (1 or 2 days after the project) will be the own responsibility of the participants. So all the participants have to be at this project location on the first day morning, and leave it on the last day during the day. If you have difficulties with it, contact us, we can give you some information.

### **Foundation for the Development of Local Communities «Initiative»**

#### **Contacts**

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**The committed organizations:**

**Health Growth – Center for personal and cultural development for children and youngsters (Bulgaria)**

*healthgrowthbulgaria@gmail.com*

**Cuzisti Implicati Organization (Romania)**

*mereutacamelia@yahoo.com*

**Non-governmental organization «ACTION» (Ukraine)**

*godiyapoltava@gmail.com*

**WeSound (Italy)**

*matteo.bolle@yahoo.it*

**Evolving YOUTh (Latvia)**

*evolvingyouth1@gmail.com*

**Asociación de Vecinos/as de Meaus (Spain)**

*asociacionvecinosmeaus@gmail.com*

**Foundation for the Development of Local Communities «Initiative» (Poland)**

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